

EMPOWER YOURSELF

**FREE SELF-
DEFENSE
CLASS**

JOIN CSUPD, CSU REC, & THE WOMEN'S CENTER IN LEARNING REAL SELF DEFENSE TACTICS. IN THIS 3 PART SERIES, PARTICIPANTS WILL LEARN RISK REDUCTION STRATEGIES & BASIC PRINCIPLES OF DEFENSE LED BY A CERTIFIED RAD INSTRUCTOR.

COURSE DATES

OCTOBER 3, 5:00PM-9:00PM

OCTOBER 4, 5:00PM-9:00PM

OCTOBER 5, 5:00PM-9:00PM

**ALL 3 SESSIONS MUST BE
ATTENDED**

All sessions will be held at the CSU Recreation Center, 2420 Chester Ave. Cleveland, OH 44115



To Sign Up, Visit

<https://www.csuohio.edu/police/rad-training>