

It's Possible!

Prevention. Treatment. Support.

Substance Use Addiction is a disease in which a person finds themselves unable to stop using a substance. Help is possible through prevention and education, treatment strategies and support networks for helpers and help seekers.

There are many confidential resources on and off campus with people who understand how you feel.

Vikes CARE

EVERYONE IS ONE OF US

CAMPUS RESOURCES

- Counseling Center** ● ●
216.687.2277 (24 hour phone line)
- Health and Wellness Services** ●
216-687-3649
- Veteran Success Program** ●
216-875-9996
- Maryjoyce Green Women's Center** ●
216-687-4674
- CSU Care Team** ●
216-687-2048
- Residence Life** ●
216-687-5196
- CSU Police** ●
216-687-2020

TEXT LINES

- Crisis Text Line** ● ●
741741
- Trevor Chat (LGBTQ)** ● ●
Text: "Trevor" to 1-202-304-1200
- Veterans Crisis Chat** ● ●
Text 838255

SELF SCREENING TOOLS

- ScreenU** ●
<https://app.screenu.org/screening/7d8a2612-ecae-43e5-9736-4b724609d390>
- ADAMHS Board-Video Doctor** ●
<http://www.mentalhealthscreening.org/screening/ADAMHSCCr>

PHONE RESOURCES

- Counseling Center** ● ●
216-687-2277 (24 hour phone line)
- United Way's First Call for Help 2.1.1.** ●
- Peer Support Warm Line** ●
440-886-5950
- Suicide Prevention Lifeline** ● ●
800-273-TALK (8255)
- Hotline for Adults and Children** ● ● ▲
- Heroin Hotline** ● ● ▲
216-687-5677
- Drug and Alcohol Abuse** ● ● ▲
1-800-587-4232
- Front Line Services** ● ● ▲
216-623-6555

ON LINE RESOURCES

- Robby's Voice** ●
robbyvoice.com
- Alcohol, Drug Addiction and Mental Health Services (ADAMHS) of Cuyahoga County** ● ●
adamhsccc.org
- Substance Abuse and Mental Health Services Administration (SAMHSA)** ● ●
samhsa.gov
- National Institute on Alcohol and Alcoholism (NIAAA)** ●
collegedrinkingprevention.gov

LOCAL ORGANIZATIONS/ HOSPITALS/CLINICS

- Recovery Resources** ● ● ▲
3950 Chester Ave.
Cleveland, Ohio 44113
216-431-4131 • www.recres.org
- MetroHealth-Project DAWN** ● ● ▲
2500 MetroHealth Dr.
Cleveland, Ohio 44109
216-623-6888 • www.metrohealth.org
- St. Vincent Charity** ● ● ▲
2351 E. 22nd St.
Cleveland, Ohio 44115
216-861-6200 • www.stvincentcharity.com
- Louis Stokes Cleveland VA Medical Center** ● ● ▲
10701 East Blvd.
Cleveland, Ohio 44106
216-791-3800
- Circle Health Services** ● ● ▲
12201 East Blvd.
Cleveland, Ohio 44106
216-721-4010

SUPPORT MEETINGS

- Alanon/Alateen** ●
clevelandal-anon.org
- Alcoholics Anonymous** ● ● ▲
aa.org
- Narcotics Anonymous** ● ● ▲
na.org
- SMART Recovery** ● ● ▲
www.smartrecovery.org



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UNIVERSITY