



College of Education  
& Human Services

### *Clinic Services Menu*

- Individual Counseling
- Academic Coaching
- Wellness Counseling
- College Transition Assistance

The Counseling and Academic Success Clinic is a clinical training center for graduate-level counseling students in the CSU Counseling Program working under the supervision of L. Claire Campbell LPCC-S, ATR, Clinic Director and Elliott Ingersoll, Ph.D., Faculty Advisor.

### **Main Classroom (MC) 215 D**

Located on the second floor on the northwest side of MC

**casc@csuohio.edu**  
**216.687-9325**

**Claire Campbell, LPCC-S, ATR**  
*Clinic Director*

**Elliott Ingersoll, Ph.D.**  
*Counseling Faculty Advisor*

**Graduate Counseling Trainees**

CLEVELAND STATE  
UNIVERSITY

# Counseling and Academic Success Clinic

*Supporting Students to  
Achieve their Academic  
and Personal Best*



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## Who we are

CSU is located in the heart of a vibrant city with The Counseling and Academic Success Clinic available as a free, confidential, supportive counseling and coaching center available to students at Cleveland State University.

Staffed with graduate counseling student interns, under supervision of the clinic director, the clinic provides support and guidance in navigating the typical concerns of today's busy college student.

Our values in providing excellent care are guided by identifying the unique strengths of each student, while supporting the development and utilization of positive coping skills to enhance and promote both personal and academic success.

*Come grow with us*

## Who we are

The Counseling and Academic Success Clinic is an on-campus resource providing free, supportive counseling and coaching services to undergraduate and graduate students at Cleveland State University.

Staffed by Graduate Counseling Student Interns, the clinic provides a warm, welcoming, and confidential environment for students to engage in effective decision making, success planning and self-exploration with the help of a supportive counselor.

### *Some common student concerns addressed are:*

- Anxiety and depression management
- Acquiring healthy coping skills
- Effective time management
- Relationship difficulties
- Stress management
- Career concerns
- Goal setting
- Personal growth and wellness
- Academic barriers, including procrastination

## How to receive services

Please contact the Counseling and Academic Success Clinic @ 216.687.9325 or [casc@csuohio.edu](mailto:casc@csuohio.edu) to request an initial appointment with a counselor, ask questions, and together determine if the services available will best serve your needs.

We look forward to supporting you with your academic and personal goals!

**CLEVELAND STATE UNIVERSITY**  
**College of Education and Human Services**  
**Main Classroom (MC)**  
**2121 Euclid Avenue, MC 215D**  
**(216) 687-9325**  
**[casc@csuohio.edu](mailto:casc@csuohio.edu)**

*Morning, afternoon and evening appointments are available.*



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